

**Table 1.1: Disability Patterns of Screened Population for Four Domains of Functioning<sup>1,2</sup>**

Disability Status	Total (N=3841)	Age		
		65-74 (N=1777)	75-84 (N=1170)	85+ (N=894)
Difficulty for domains and individual tasks (%)				
Upper extremity domain	34.5	29.6	37.0	51.1
Raising your arms up over your head <sup>3</sup>	11.0	9.8	12.0	14.0
Using your fingers to grasp or handle <sup>3</sup>	15.6	13.3	17.5	20.8
Lifting or carrying something as heavy as 10 pounds, for example a bag of groceries <sup>3</sup>	25.3	20.9	27.3	41.0
Mobility domain	49.6	41.5	54.9	71.7
Walking for a quarter of a mile, that is about 2 or 3 blocks <sup>3</sup>	35.1	28.0	38.9	57.9
Walking up 10 steps without resting <sup>3</sup>	23.1	17.6	26.2	39.9
Getting in and out of bed or chairs <sup>3</sup>	14.5	11.4	15.1	27.6
Doing heavy housework such as washing windows, walls or floors <sup>4</sup>	37.7	30.5	42.2	58.8
Higher functioning domain	22.0	14.2	25.6	48.6
Using the telephone <sup>4</sup>	4.7	2.4	5.5	14.1
Doing light housework such as doing dishes, straightening up or light cleaning <sup>4</sup>	10.6	7.4	11.6	24.0
Preparing your own meals <sup>4</sup>	8.2	4.8	9.2	21.5
Shopping for personal items, such as toilet items or medicine <sup>4</sup>	17.6	10.9	19.7	44.2
Self-care domain	21.8	15.8	24.0	45.0
Bathing or showering <sup>3</sup>	17.6	12.4	19.2	38.7
Dressing <sup>3</sup>	8.2	5.7	9.4	17.2
Eating, for example, holding a fork, cutting your food, or drinking from a glass <sup>3</sup>	3.8	2.5	4.7	7.0
Using the toilet, including getting to the toilet <sup>3</sup>	8.0	4.9	9.0	20.1
Disability by number of domains and patterns of difficulty (%) <sup>5</sup>				
No domains	43.7	51.7	38.2	22.3
One domain <sup>6</sup>	20.1	19.5	22.3	15.2
Upper extremity	4.5	4.8	4.6	3.0
Mobility	14.1	13.7	15.8	9.9
Higher functioning	0.9	0.4	1.4	1.1
Self-care	0.6	0.6	0.4	1.1
Two domains <sup>6</sup>	13.6	13.0	13.9	16.4
Upper extremity and mobility	8.4	8.8	8.1	7.8
Upper extremity and higher functioning	0.1	0.2	0.0	0.0
Upper extremity and self-care	0.5	0.6	0.4	0.5
Mobility and higher functioning	2.5	1.6	2.9	5.1
Mobility and self-care	2.1	1.7	2.4	3.1
Higher functioning and self-care	0.0	0.1	0.0	0.0
Three domains <sup>6</sup>	9.9	7.7	11.3	16.3
Upper extremity, mobility and higher functioning	4.0	3.0	5.0	5.9
Upper extremity, mobility and self-care	4.1	3.8	4.5	3.8
Upper extremity, higher functioning and self-care	0.1	0.2	0.0	0.3
Mobility, higher functioning and self-care	1.7	0.7	1.8	6.3
Four domains	12.7	8.1	14.4	29.9

(Women's Health and Aging Study, screening interview, 1992-1995)

<sup>1</sup> All variables have less than 1% missing data. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> The question is in the form "By yourself, that is without help from another person or special equipment, do you have any difficulty . . . ?"

<sup>4</sup> The question is in the form "Because of a health or physical problem, do you have any difficulty . . . (by yourself)?"

<sup>5</sup> Sum of no domains, one domain, two domains, three domains and four domains may not add up to 100% due to rounding.

<sup>6</sup> Categories may not add up to this rate due to rounding.